

Mental Health Counsellor

The Lower Outaouais Family Health Team (LOFHT) is looking for a dedicated permanent full-time Mental Health Counsellor. The LOFHT serves our community by promoting wellness and healing through collaborative care, where the team works together to support active participation of the patient towards their wellness goals. Located in Hawkesbury (halfway between Ottawa and Montreal) our 24 family physicians and interdisciplinary health professionals work collaboratively to provide the best primary care to our 19,000 patients.

RESPONSIBILITIES

- Knowledge of mental illness diagnoses, medications and ability to assist clients with symptom management;
- Ability to provide individual counseling in person or by phone. Expertise in brief treatment approaches; clinical expertise in empirically validated treatment approaches such as cognitive behavior therapy, interpersonal psychotherapy and, emotion-focused therapy;
- Knowledge of community services pertaining to mental health and addictions;
- Demonstrated skills in assessment, program planning, implementation and evaluation;
- Knowledge of client-centered philosophy, basic principles and practices of community service delivery and short-term treatment options;
- Ability to work collaboratively as part of an interdisciplinary health team;
- Ability to administer psychometric tools.

QUALIFICATIONS

- Minimum 2 years combined education and experience in the human service field. Experience related to community based mental health preferred.
- Master's degree in Social Work, Clinical Psychology, Counseling Psychology or Educational Counseling required

REQUIREMENTS

- Advanced language skills in both French and English required.
- Must carry own professional liability insurance and be registered or able to obtain registration with a regulatory body in the province of Ontario.

Salary Range

\$70,000 – \$74,250

The LOFHT is a HOOPP employer

Please forward your resume and cover letter to chamilton@lofht.ca

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